



NATIONAL TEAM

2025-2028 QUAD PLAN

Updated 3/16/2026

National Team, [Open Water](#), [National Junior Team](#)

2026

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| Mar 16-28 | National Team Performance Camp – <i>Colorado Springs, CO</i> |
| Apr 2-4 | Open Water Nationals & Junior National Championships – Sarasota, FL |
| Apr 10-14 | National Junior Team Performance Camp: Women – Colorado Springs, CO |
| Apr 15-19 | National Junior Team Performance Camp: Men – Colorado Springs, CO |
| Apr 21-23 | National Team Coaches Seminar – <i>Denver, CO</i> |
| Apr 24-25 | World Aquatics Open Water Swimming World Cup – Ibiza, Spain |
| May 1-2 | World Aquatics Open Water Swimming World Cup – Golfo Aranci, Italy |
| May 20-23 | TYR Pro Swim Series – <i>Sacramento, CA</i> |
| May 23-25 | AP Race London International – <i>London, England</i> |
| Jun 5-7 | Mel Zajac Jr. International – Vancouver, Canada |
| Jun 17-20 | TYR Pro Swim Series – <i>Indianapolis, IN</i> |
| Jun 20-21 | World Aquatics Open Water Swimming World Cup – Setubal, Portugal |
| Jul 28-Aug 1 | Toyota National Championships – <i>Irvine, CA</i> |
| Aug 2-8 | Pan Pacific Championships Training Camp (Optional) - <i>Los Angeles, CA</i> |
| Aug 3-7 | Summer Junior Championships – Irvine, CA |
| Aug 10 | Pan Pacific Championships (Open Water) – Long Beach, CA |
| Aug 12-15 | Pan Pacific Championships (Pool) – <i>Irvine, CA</i> |
| Aug 17-20 | Junior Pan Pacific Championships (Pool) – Vancouver, Canada |
| Sept 3-6 | World Aquatics Open Water Junior Worlds – Sante Fe, Argentina |
| Sept 24-25 | National Team Onboarding – <i>Colorado Springs, CO</i> |
| Sept 26 | Golden Goggle Awards – <i>Denver, CO</i> |
| Oct 1-3 | World Aquatics Swimming World Cup – <i>Azerbaijan, Baku</i> |
| Oct 8-10 | World Aquatics Swimming World Cup – <i>Uzbekistan, Tashkent</i> |
| Oct 15-17 | World Aquatics Swimming World Cup – <i>Kazakhstan, Astana</i> |
| Oct 28-31 | Short Course World Selection Meet (25m) – <i>Westmont, IL</i> |
| Nov 9-21* | National Team Performance Camp – <i>Colorado Springs, CO</i> |
| Dec 1-6 | World Aquatics Swimming Championships (25m) – <i>Beijing, China</i> |
| Dec 2-5 | Toyota U.S. Open (LCM) – <i>TBD</i> |
| Dec 9-12 | Speedo Winter Junior Championships (East) – Indianapolis, IN |
| Dec 9-12 | Speedo Winter Junior Championships (West) – TBD |

2027

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| Jan 14-17 | TYR Pro Swim Series – <i>TBD</i> |
| Mar TBD | National Team Performance Camp – <i>Colorado Springs, CO</i> |
| Mar 3-6 | TYR Pro Swim Series – <i>TBD</i> |
| Apr TBD | National Junior Team Performance Camp – <i>Colorado Springs, CO</i> |
| Apr 21-24 | TYR Pro Swim Series – <i>TBD</i> |
| Spring TBD | Open Water Nationals & Junior National Championships – <i>TBD</i> |
| Jun 8-12 | National Championships (Selection Meet) – <i>Indianapolis, IN</i> |
| Jul/Aug TBD | Speedo Junior National Championships – <i>TBD</i> |
| Jul 10-18 | World Aquatics Championships – <i>Budapest, Hungary</i> |
| Jul 23-Aug 8 | XVIII Pan American Games – <i>Lima, Peru</i> [swimming specific dates TBD] |
| Aug 1-12 | World University Games – <i>Chungcheong, South Korea</i> [swimming specific dates TBD] |
| Aug TBD | World Aquatics Junior Swimming Championships – <i>TBD</i> |
| Oct TBD | World Aquatics Swimming World Cups – <i>TBD</i> |
| Dec TBD | Toyota U.S. Open – <i>TBD</i> |
| Dec TBD | Speedo Winter Junior Championships (East) – <i>TBD</i> |
| Dec TBD | Speedo Winter Junior Championships (West) – <i>TBD</i> |

2028

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|------------|---|
| Jan TBD | TYR Pro Swim Series – <i>TBD</i> |
| Jan TBD | National Junior Team Performance Camp and Competition – <i>Colorado Springs, CO</i> |
| Mar TBD | TYR Pro Swim Series – <i>TBD</i> |
| Mar TBD | National Team Performance Camp – <i>Colorado Springs, CO</i> |
| Apr TBD | TYR Pro Swim Series – <i>TBD</i> |
| Spring TBD | Open Water Nationals & Junior National Championships – <i>TBD</i> |
| Jun TBD | U.S. Olympic Team Trials – <i>Indianapolis, IN</i> |
| Jul 22-30 | Olympic Games – <i>Los Angeles, CA</i> [opening ceremonies July 14, full dates July 14-30] |
| Aug TBD | National/Junior National Championships – <i>TBD</i> |
| Aug TBD | Junior Pan Pacific Championships – <i>TBD</i> |
| Oct TBD | World Aquatics Swimming World Cups – <i>TBD</i> |
| Dec TBD | Toyota U.S. Open (LCM) – <i>TBD</i> |
| Dec TBD | Speedo Winter Junior Championships (East) – <i>TBD</i> |
| Dec TBD | Speedo Winter Junior Championships (West) – <i>TBD</i> |
| Dec TBD | World Aquatics Swimming Championships (25m) – <i>TBD</i> |

****Dates tentative & subject to change***