



Another Year of Protecting What Matters Most

Hello and welcome to our first Safe Sport newsletter of the year. January brings renewed focus and momentum, and our team is excited to continue working alongside you to reinforce USA Swimming Safe Sport education and positive culture across our communities. Your engagement and commitment play a critical role in making swimming a safer, healthier place for all.

Please save the contact information below for your future needs:

Liz Hahn, USA Swimming Safe Sport Director | ehahn@usaswimming.org

Cha'Vera Jackson, USA Swimming Safe Sport Manager | cjackson@usaswimming.org

Michael Mares, USA Swimming Safe Sport Education and Resolution Manager | mmares@usaswimming.org

Trish Hughes, USA Swimming Safe Sport Administrative Assistant & Background Check Coordinator | thughes@usaswimming.org

Safe Sport Club Recognition | ssrp@usaswimming.org | More information can be found [here](#)

Reporting | More information can be found [here](#)

[U.S. Center for SafeSport Code of Conduct](#)

Educational Opportunity - Thriving Youth Athletes Summit

Join USA Swimming's Director of Safe Sport, Liz Hahn, in the Thriving Youth Athletes Summit, where she speaks with Olympic gymnast Maria Ines Flores about the parents' role in creating an environment free from abuse for youth athletes.

Running from January 26-February 15, the free virtual summit also includes experts speaking on overcoming mental blocks, effective nutrition strategies, and how to nurture gratitude and joy in an athlete's journey. USA Swimming Olympian and current world record holder Michael Andrew will also be speaking.

Register for free [here](#).

Safe Sport Resources and Templates

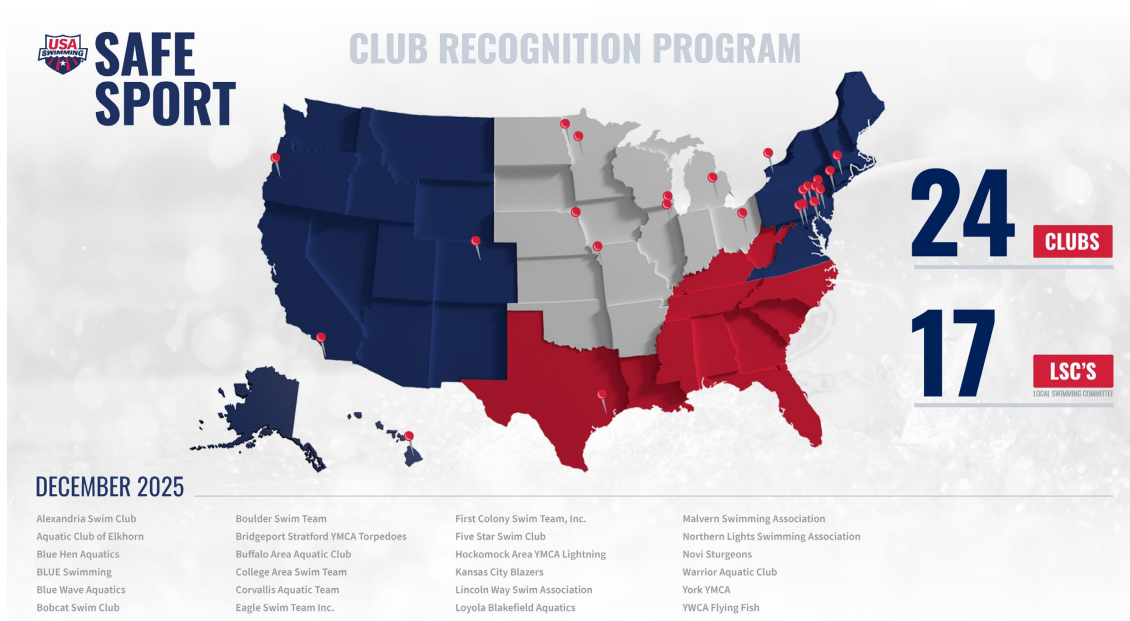
As a reminder, the USA Swimming Safe Sport team has created free resources and templates for members to use throughout the year. Below are some linked items that might be helpful as we kick off the new year.

- [Minor Athlete Abuse Prevention Policy](#) (MAAPP)
 - [MAAPP Consent Forms](#) (includes dual relationship, individual training sessions, in-program lodging, organizational transportation, transportation by adult participants, and manual therapy, therapeutic, and recovery modalities)
- [Best Practices Guidelines](#)
- [Model Code of Conduct](#) (coach, parent, and athlete)
- [Model Grievance Procedure](#)
- [Family Resource Guide](#)
- [Model Policies](#) (Photography and Action Plan to Address Bullying)
- [5 Tips for Parents](#)
- [Heat Sheet Advertisements](#)
- [Meet Announcement Card](#)
- [Locker Room Poster](#)
- [Reporting Poster](#)
- [Massage Poster](#)
- [No Cameras Poster](#)
- [No Deck Changing Poster](#)

SSRP Spotlight

Thank you to all our clubs approved for [Safe Sport Club Recognition](#) (SSRP) in December.

Throughout the month, 24 clubs were either approved for the first time or had their approval status renewed.



Become SSRP Approved in as Little as Three Months

Are you looking for a New Year's resolution for your club? Take advantage of these easy-to-follow steps to complete Safe Sport Club Recognition (SSRP) in as little as [three](#) or [six months](#).

Other helpful resources to become SSRP approved:

- [SSRP website](#)
- [Sample email](#) to encourage training participation from parents and athletes
- [SSRP training opportunities website](#)
- Step-by-step directions on applying ([PDF](#) | [Video](#))
- [Coach-Owned Club](#) | [Institutionally-Owned Club](#) | [Parent Board-Owned Club](#)
- [Pulling SWIMS reports](#) for online education completion for parents and athletes

Do you have additional questions? Email ssrp@usaswimming.org for help.



2026 Safe Sport Club Recognition Training

For Parents:

- February 17 | 8 p.m. ET | [Register](#)
- March 17 | 8 p.m. ET | [Register](#)

For Athletes:

- January 22 | 8 p.m. ET | [Register](#)
- February 19 | 8 p.m. ET | [Register](#)
- March 19 | 8 p.m. ET | [Register](#)

Members can also participate in trainings online at their own pace through the Education tab on their USA Swimming account. To learn more, including easy-to-follow steps, visit USA Swimming's Safe Sport training page [here](#).



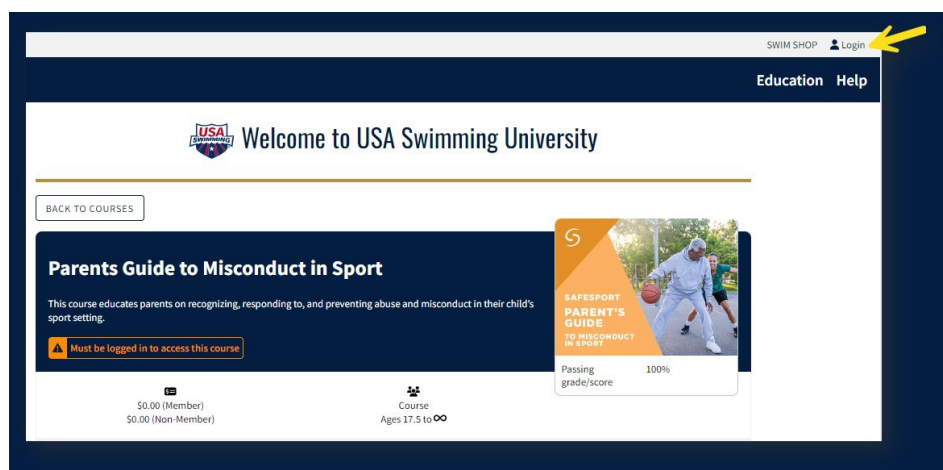
Unable to Attend Live Educational Opportunities?

If the timing doesn't work, that's okay! [Log in](#) to USA Swimming University to start and complete courses at your own pace.

Tip: These courses count towards SSRP approval points. If you click these links, remember to log in to earn credit for SSRP approval points.

For parents: [Parents Guide to Misconduct in Sport](#)

- For athletes: [SafeSport for Youth Athletes \(5-12\)](#), [SafeSport for Youth Athletes \(13-17\)](#)



© 2026 USA Swimming
1 Olympic Plaza Colorado Springs, CO, 80909