



COACHING CONNECTION



Connect with Team Services

USA Swimming's Team Services staff travel across the country to support clubs each week. Please review the dates and locations below to schedule a meeting with your Advisor in person.

[Beth Winkowski:](#)

- February 22-26 | New Jersey swim meet and club visits
- April 30-May 1 | National Diversity Select Camp

[Dana Skelton:](#)

- February | Various Gulf club visits
- March 5-10 | North Texas TAGS, Sectionals, and club visits
- April 22-26 | New Mexico DEI clinic and club visits
- May 13-16 | Oklahoma Swimming meet and club visits

[Mark Hesse:](#)

- February 23-March 3 | South Dakota Swimming meet and club visits
- March 4-10 | Westmont Pro Swim Series and club visits
- April 30-May 1 | National Diversity Select Camp

[Mike Novell:](#)

- March 9-10 | Pacific Northwest meet and club visits
- April 16-19 | Coach Development Academy

[Nate Chessey:](#)

- February 25-March 1 | Adirondack Swimming meet and club visits
- March 4-7 | Ohio Swimming meet and club visits
- March 16-19 | Connecticut Swimming meet and club visits
- March 19-22 | New England Swimming meet and club visits

[Terry Jones:](#)

- March 10-14 | West Virginia Swimming meet and club visits
- April 16-19 | Coach Development Academy
- April 30-May 1 | National Diversity Select Camp

Last Call for Camp Applications

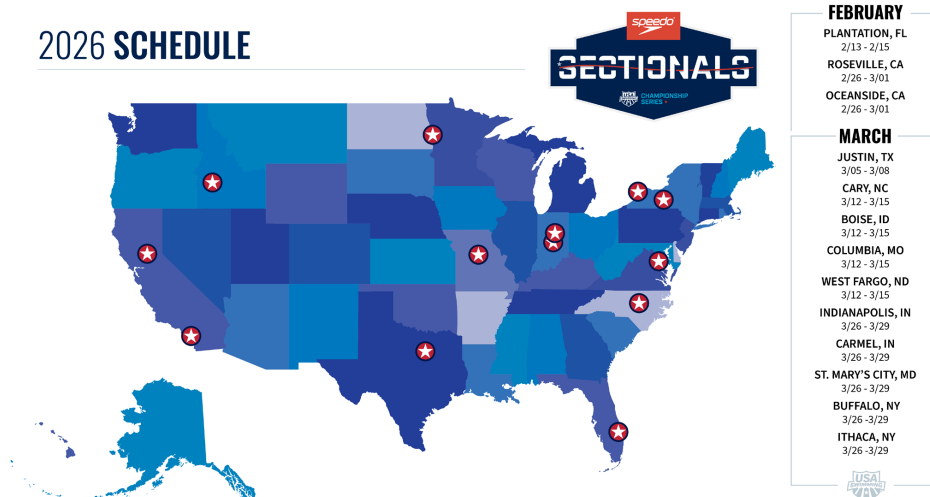
The below camp applications are closing soon. Apply now before it's too late!

[National Diversity Select Camp](#) (athlete application) | [Learn more](#) | Closes **February 15**

[Sport Development and National Team Manager](#) | Closes **February 22**

[2026 Sport Development Camps](#) (assistant coach application) | Closes **March 31**

2026 SCHEDULE



Speedo Sectional Free Templates

Speedo Sectionals is kicking off and what better way to showcase your attending athletes than by spotlighting them on social media?

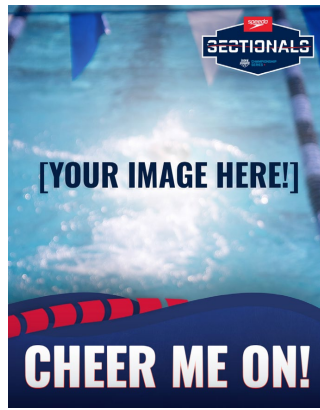
Take advantage of the free, customizable [Marketing Toolkit Speedo Sectionals](#) graphics to post before, during, and after your competition ends.

Find graphics on the [Marketing Toolkit](#) website under "Meets/Events". Items are all for Instagram and include:

- Static Graphics:
 - [Speedo Sectionals // Goggles On](#)
 - ["Cheering for You"](#)
 - ["Cheering Me On"](#)
 - ["First Sectionals Meet"](#)
 - ["Headed to Finals"](#)
- Instagram Story Graphics:
 - ["Headed to Finals"](#)

Items can be easily downloaded, uploaded into the free platform Canva, and edited with any picture you would like to showcase. Watch the one-and-a-half-minute instructional video on how to customize your graphic [here](#). Pro tip: Tag @USASwimmingNextGen for a chance to be featured.

Good luck to all the athletes and clubs competing this Spring!



Coach Development Academy

[Registration is now open](#) for the Coach Development Academy, set to take place at the La Foret Conference and Retreat Center in Black Forest, Colorado April 16-19, 2026.

This opportunity sold out last year, so register now to claim your spot at this four-day immersive experience.

[LEARN MORE AND REGISTER HERE](#)



Block Party - All Hearts on Deck

Make a splash in February with a Valentine's Day-themed [Block Party Meet](#)! These short, fun, one-day events are designed to bring athletes, families, and clubs together.

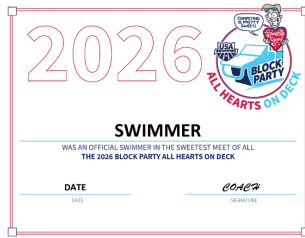
Athletes can earn a spot on the All Hearts on Deck [National Leaderboard](#) by swimming the 50 and 100 SCY backstroke in one session through February 28. Times are combined for an aggregate 150 back, with rankings by age group from 6&U through 15&O.

Looking to learn more? Take the Coaching [Mini Course: Block Party](#) on USA Swimming University.

Pro Tip: Download the free Valentine's Day-themed resources, including a [custom logo](#), an [athlete certificate](#), and a [coloring sheet](#) to elevate your

meet experience.

These meets will be fast, fun, and full of heart!



Virtual Opportunities Supported by USA Swimming University

- Safe Sport
 - For Parents:
 - February 17 | 8 p.m. | [Register](#)
 - March 17 | 8 p.m. | [Register](#)
 - For Athletes:
 - February 19 | 8 p.m. ET | [Register](#)
 - March 19 | 8 p.m. ET | [Register](#)
- Thriving Youth Athletes Summit
 - Now-February 15 | [Register](#)
 - Join Olympian and current world record holder Michael Andrew and USA Swimming's Director of Safe Sport, Liz Hahn, as they speak with Olympic gymnast Maria Ines Flores about the role of parents in athlete development.
 - Note: Once registered, you will receive a full schedule from which you can pick and choose what sessions you would like to attend.
- We love learning from our coaching community. Spend a few minutes browsing through all [34 of the Coaching Mini Courses](#), available for free on USA Swimming University.

The Legacy Project: Jim Ellis

Learn from coaches like **Coach Jim Ellis** who have made an undeniable and positive impact on swim coaching and generations of swimmers in The



Legacy Project. These courses, available for free for logged in members, are a masterclass series and are approximately one hour in length.

View the Jim Ellis course [here](#).

Coaching Clinic Opportunities from ASCA

Click the images below for more information on upcoming opportunities in April.

MISSOURI VALLEY SWIM COACHES CLINIC
 KANSAS CITY, MO | APRIL 17-19, 2026
 KIRK FAMILY YMCA | 222 W 11TH STREET KANSAS CITY, MO 64105

PRICING

PRIMARY COACH \$190	TEAM 4+ COACHES \$600 8+ COACHES PLEASE CONTACT CLINICS@SWIMMINGCOACH.ORG
ASCA STROKE SCHOOL WITH RUSSELL MARK \$115	THE PLANNING, WRITING & MANAGING AGE GROUP & NOVICE WORKOUTS WITH MJ TRUJEX \$70

SPEAKERS

- DAVE SALO**
ASSOCIATE HEAD COACH
ARIZONA STATE UNIVERSITY
- MIKE KOLEBER**
HEAD COACH
NITRO SWIMMING
- RUSSELL MARK**
PERFORMANCE & EDUCATION
ADVISOR, ASCA
- MJ TRUJEX**
DIRECTOR OF PROGRAMS
AND EVENTS, ASCA

REGISTER HERE

FOR MORE INFORMATION & TO REGISTER VISIT SWIMMINGCOACH.ORG/CLINICS

44TH ANNUAL CENTRAL STATES CLINIC
 CHICAGO, IL | APRIL 24-26, 2026
 HILTON CHICAGO/OAK BROOK HILLS RESORT & CONFERENCE CENTER
 3500 MIDWEST ROAD OAK BROOK, IL 60523 | \$165/NIGHT

PRICING

PRIMARY COACH EARLY BIRD (THROUGH 2/26) \$190 REGULAR \$205	ADDITIONAL COACHES EARLY BIRD (THROUGH 2/26) \$175 REGULAR \$190
ASCA STROKE SCHOOL WITH RUSSELL MARK \$115	THE PLANNING, WRITING & MANAGING AGE GROUP & NOVICE WORKOUTS WITH MJ TRUJEX \$70

SPEAKERS

- RUSS KASL**
HEAD RES GROUP COACH,
SWIMMAC CAROLINA
- CAROL CAPITANI**
WOMEN'S HEAD COACH,
UNIVERSITY OF TEXAS
- RUSSELL MARK**
PERFORMANCE & EDUCATION
ADVISOR, ASCA
- MJ TRUJEX**
DIRECTOR OF PROGRAMS
AND EVENTS, ASCA
- NATALIE HINDS**
OLYMPIAN
- ALEXIS KETO**
ASSOCIATE HEAD COACH,
SOULES SWIMMING
- KYLE GOLLER**
HEAD COACH,
WINDERMERE LAKERS AQUATIC CLUB
- CULLEN JONES**
OLYMPIAN

REGISTER HERE

ATHLETE TRACK AT FMC AQUATICS CENTER SATURDAY 9AM-3PM - SUNDAY 9AM-12PM
 FEATURING CULLEN JONES, NATALIE HINDS AND KYLE GOLLER

FOR MORE INFORMATION & TO REGISTER VISIT SWIMMINGCOACH.ORG/CLINICS

Save the Date for Future Education

Although speakers have not been finalized for these opportunities, we wanted to give you the chance to save the date in your calendars for upcoming Coaching Networks.

- March 18 | 12:30 p.m. ET | Business Network: Building Relationships
- March 24 | 11-14 Coaching Network: Practice Set Dump
- March 25 | 10&U Coaching Network: Let's Dive In!
- May 20 | 10&U Coaching Network: Team Culture

All registration links will be available [here](#) when finalized.

Swim Staff Select

Are you hiring for your club this season? Swim Staff Select is a free, web-based screening tool designed

specifically for USA Swimming clubs to help you recruit, vet, and onboard staff and volunteers with confidence. From job postings and applications to reference checks and interview scripts, it puts everything in one place to streamline your hiring process and support a safer, more professional club environment.

Learn more [here](#).

Upcoming Events

- [Speedo Sectionals](#)
 - Multi-site | Various dates
 - Free templates available on the [Marketing Toolkit](#) under "Meets/Events"
- [Pro Swim Series \(Westmont, Ill.\)](#)
 - March 4-7, 2026 | LCM
 - [Ticket information](#)
- [Open Water National and Junior National Championships \(Sarasota, Fla.\)](#)
 - April 2-4, 2026
- [Pro Swim Series \(Sacramento, Calif.\)](#)
 - May 20-23, 2026 | LCM
- [Pro Swim Series \(Indianapolis, Ind.\)](#)
 - June 17-20, 2026 | LCM
- [Toyota National Championships \(Irvine, Calif.\)](#)
 - July 28-August 1, 2026 | LCM
- [Futures Championships](#)
 - July 29-August 1, 2026 | LCM
 - Multi-site
- [Speedo Junior National Championships](#)
 - August 3-7, 2026 | LCM
- Pan Pacific Open Water Championships (Long Beach, Calif.)
 - August 10, 2026
- [Pan Pacific Swimming Championships \(Irvine, Calif.\)](#)
 - August 12-15, 2026 | LCM
 - *Date and location of OW competition are TBD*

View all events [here](#).

From Our Partners



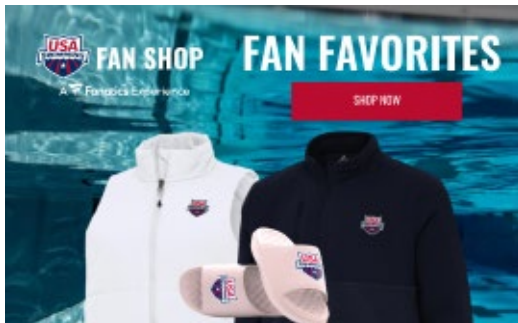
OneAmerica Financial

Financial security is the foundation of a confident future. There're many ways to safeguard yourself and your loved ones in the years ahead by following simple financial wellness tips.

The companies of OneAmerica Financial have been advancing financial security for almost 150 years, supporting millions of customers with solutions and guidance across life insurance, retirement, employee

benefits and long-term care.

[Click here](#) to explore some helpful financial wellness tips.



USA Swimming Fan Shop

The Official USA Swimming Shop has everything you need to show your USA Swimming pride in style. Browse an unbeatable selection of officially licensed USA Swimming apparel and merchandise, such as hats, shirts, accessories, and more to add to your wardrobe. Click [here](#) to access.



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