



COACHING CONNECTION



Happy New Year

As we kick off 2026, we are excited to continue supporting you with resources, connections, and timely information to help your athletes and programs thrive. The entire [Team Services staff](#) is here to support you. Please don't hesitate to reach out to us should you have any questions.

Below are some helpful links to keep in mind throughout the year:

- [American Development Model](#)
- [Block Party](#)
- [Coach Mental Health and Wellness](#)
- [Coaches Community](#)
- [Diversity, Inclusion, and Community Engagement](#)
- [Financial Advising](#)
- [Individual Times Search](#)
- [Insurance](#)
- [Marketing Toolkit](#)
- [Newsletter Archive](#)

- [Swim Camps](#)
- [USA Swimming Network](#)
- [USA Swimming Safe Sport](#)
- [USA Swimming University](#)



Block Party - All Hearts on Deck

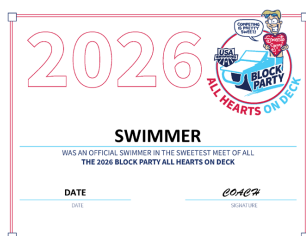
Make a splash in February with a Valentine's Day-themed [Block Party Meet](#)! These short, fun, one-day events are designed to bring athletes, families, and clubs together.

Athletes can earn a spot on the All Hearts on Deck [National Leaderboard](#) by swimming the 50 and 100 SCY backstroke in one session through February 28. Times are combined for an aggregate 150 back, with rankings by age group from 6&U through 15&O.

Looking for backstroke motivation? Regan Smith tied her world record in the 100m back at the Westmont World Cup stop, and you can rewatch the race anytime on the [USA Swimming Network](#).

Pro Tip: Download the free Valentine's Day-themed resources, including a [custom logo](#), an [athlete certificate](#), and a [coloring sheet](#) to elevate your meet experience.

These meets will be fast, fun, and full of heart!



Camps

Numerous camp applications are now open. Please see below.

[National Diversity Select Camp](#) (athlete application) | [Learn more](#) | Closes **February 15**

[2026 Sport Development Camps](#) (assistant coach application) | Closes **March 31**

[Sport Development and National Team Manager](#) | Closes **February 22**

Rewatch Greatness in Action

Did you or your swimmers miss the second-fastest 1500m freestyle of all time at the [Pro Swim Series Austin](#) meet last week? Don't worry, the [USA Swimming Network](#) has you covered!

Rewatch greatness in action on night one of the Pro Swim Series Austin meet, as Katie Ledecky delivered the second-fastest 1500m in history, only behind her own world record. Her swim is a masterclass in pacing, efficiency, and mental toughness; a powerful tool to use to teach your own swimmers. Have your swimmers watch on the [USA Swimming Network](#) before practice and then bring those lessons to the pool. It's the perfect blend of inspiration and education from the GOAT herself.

Swim Staff Select

Are you hiring for your club this season? Swim Staff Select is a free, web-based screening tool designed specifically for USA Swimming clubs to help you recruit, vet, and onboard staff and volunteers with confidence. From job postings and applications to reference checks and interview scripts, it puts everything in one place to streamline your hiring process and support a safer, more professional club environment.

Learn more [here](#).

USA Swimming Insurance Reminder

To ensure your club and its participants are covered under USA Swimming's insurance program, all athletes, coaches, and non-athlete members must be properly registered for the 2026 season. We recommend reviewing your club roster to confirm that everyone participating has completed their 2026 registration.

For additional details on insurance coverage, click [here](#). If you have registration-related questions, please email membership@usaswimming.org.

New Login Experience Coming

As a reminder, a new login experience for your USA Swimming account will launch on **February 5, 2026**. This update aims to enhance security and simplify account creation and access.

To prepare for this change, all members need to update their account email addresses and phone numbers during their next login. Please log in at least once before February 5 to verify your email and phone number.

After February 5, all members will be required to reset their account passwords during their first login. The password recovery will be sent to the account email.

This new login experience, coming in February, will provide stronger account protection and a more seamless login process for everyone. Thank you for taking a few minutes to prepare for this update.



Four Additional Coaching Mini Courses

[USA Swimming University](#) has released four additional coaching mini courses (formerly called Network Webinar Courses), bringing the total to 32 free courses members can use.

All free coaching mini courses are available after logging in to USA Swimming University and are approximately an hour long. New courses include:

1. [Lessons from an Olympian](#); 2. [Bringing the 11-12 Retention Project to Life](#); 3. [College Recruiting](#); and
4. [Block Party](#).

Learn more [here](#).



Virtual Opportunities Supported by USA Swimming University

- Safe Sport
 - For Parents:
 - February 17 | 8 p.m. | [Register](#)
 - March 17 | 8 p.m. | [Register](#)
 - For Athletes:
 - January 22 | 8 p.m. ET | [Register](#)
 - February 19 | 8 p.m. ET | [Register](#)
 - March 19 | 8 p.m. ET | [Register](#)
- Thriving Youth Athletes Summit
 - January 26-February 15 | [Register](#)
 - Join Olympian and current world record holder Michael Andrew and USA Swimming's Director of Safe Sport, Liz Hahn, as they speak with Olympic gymnast Maria Ines Flores about the role of parents in athlete development.
 - Note: Once registered, you will receive a full schedule from which you can pick and choose what sessions you would like to attend.

Add goal setting to your New Year's resolutions and complete the recommended courses on [USA](#)

[Swimming University](#). Remember, courses are free for logged-in USA Swimming coach members.

1. [Leadership Management 1: Reflective Assessment for Leadership](#) - Learn how to use personality assessments to uncover leadership growth.
2. [Leadership Management 2: Leadership for Positive Culture](#) - Start 2026 on the right foot with strategies to create and maintain a great team culture.
3. Get to know USA Swimming Board Members [Jack Bauerle](#) and [Kate Lundsten](#) through their Legacy courses.

Upcoming Events

- [Pro Swim Series \(Westmont, Ill.\)](#)
 - March 4-7, 2026 | LCM
- [Open Water National and Junior National Championships \(Sarasota, Fla.\)](#)
 - April 2-4, 2026
- [Pro Swim Series \(Sacramento, Calif.\)](#)
 - May 20-23, 2026 | LCM
- [Pro Swim Series \(Indianapolis, Ind.\)](#)
 - June 17-20, 2026 | LCM
- [Toyota National Championships \(Irvine, Calif.\)](#)
 - July 28-August 1, 2026 | LCM
- [Futures Championships](#)
 - July 29-August 1, 2026 | LCM
 - Multi-site
- [Speedo Junior National Championships](#)
 - August 3-7, 2026 | LCM
- Pan Pacific Open Water Championships (Long Beach, Calif.)
 - August 10, 2026
- [Pan Pacific Swimming Championships \(Irvine, Calif.\)](#)
 - August 12-15, 2026 | LCM
 - *Date and location of OW competition are TBD*

View all events [here](#).

From Our Partners



Endless Pools

Endless™ Pools is now an Official Supplier of USA Swimming, supporting coaches with the same advanced swim-in-place innovations trusted by top athletes and collegiate programs. Our Hydrodrive™ Technology helps swimmers refine technique, build strength, and train year-round. No other training environment gives you more direct, visible, and real-time technique feedback. [Learn more about Endless](#)

Pools today!



OneAmerica Financial

Take charge of your financial future today! Enroll in Know Yourself, Grow Your Wealth®, a free, self-paced e-learning course for those aged 18 and older. Designed to boost your financial confidence, this certificate program can give you practical tools to help set and pursue your financial goals. Gain self-knowledge and the power to make informed, personal financial decisions. Learn anytime, anywhere! Offered exclusively by [OneAmerica Financial](#).

To register for the e-learning course, please click [here](#). Registration deadline December 31, 2025. Select 'Free Financial Wellness – USA Swim' from the dropdown 'Organization.'



USA Swimming Fan Shop

The Official USA Swimming Shop has everything you need to show your USA Swimming pride in style. Browse an unbeatable selection of officially licensed USA Swimming apparel and merchandise, such as hats, shirts, accessories, and more to add to your wardrobe. Click [here](#) to access.



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