



COACHING CONNECTION



Welcome!

Click the videos to hear a welcome from USA Swimming's new team members.

Mark Hesse and Mike Novell joined the [Team Services staff](#) and Gracie Mensay joined the [LSC Performance Services staff](#).

Mark Hesse

Senior Advisor, Team Services
View bio [here](#)



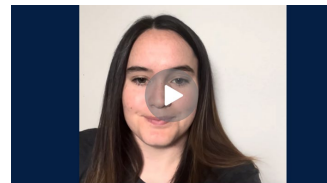
Mike Novell

Senior Advisor, Team Services
View bio [here](#)



Gracie Mensay

Coordinator, LSC Performance
Services | View bio [here](#)



Come Say Hi

Team Services is meeting clubs and coaches across the country. Take advantage and reach out to say hello while they are in your area. Check dates and locations below

Beth Winkowski:

- June 3-6 at Toyota U.S. Nationals
- June 7-8 at the Illinois Swimming Coach Clinic
- June 10-16 to visit Middle Atlantic Swimming Clubs and attend the Eastern Zone Open Water meet

Dana Skelton:

- May 21-25 at the Zone Select Camp (Louisville)

Mark Hesse:

- May 15-17 to support International Water Safety Day (Chicago) and visit Illinois clubs
- June 3-7 at the Toyota U.S. Nationals

Mike Novell:

- May 14-18 to support International Water Safety Day (Los Angeles) and visit Southern California clubs
- June 2-4 at the Toyota U.S. Nationals
- June 5-8 at the Zone Select Camp (Arizona State University)

Nate Chessey:

- May 15-16 to support International Water Safety Day (Chicago)
- June 19-22 to attend the Central Zone Athlete Summit and visit local clubs

Terry Jones:

- May 14-18 to support International Water Safety Day (Los Angeles) and visit Southern California clubs
 - May 19-25 to attend the Zone Select Camp (Louisville) and visit Kentucky clubs
 - June 5-8 to attend the Zone Select Camp (Arizona State University)
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NDSC Roster

Congratulations to the 55 athletes and 26 home coaches who attended the National Diversity Select Camp, held May 1-4 at the USOPC.

This year, 47 separate clubs from 29 different LSCs were represented. Congratulations to the Gulf Swimming LSC, who had the highest number of qualified athletes with seven, and the Southern Zone, for having the 21 athletes attend.

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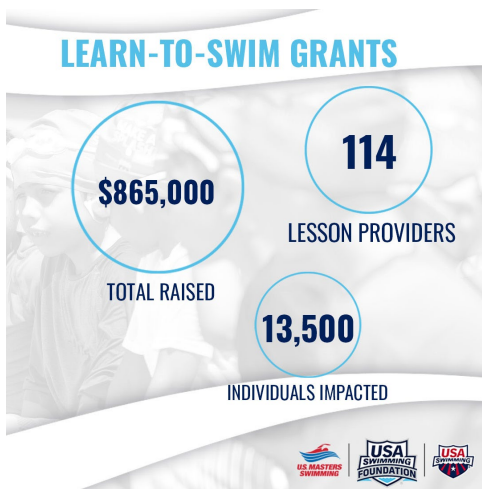
Legacy Series

Jack Bauerle, Cyndi Gallagher, Eddie Reese, and the late Jon Urbanchek are now featured on the [USA Swimming University](#).

Combined highlights from these coaches:

- Coached over 150 Olympians
- Earned more than 100 Olympic medals for their programs
- More than 141 years of collegiate coaching
- Coached hundreds of NCAA All-Americans
- Led teams to 23 NCAA championship titles

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LTS Grants



Community Impact Grants

Congratulations to the 114 swim lesson providers who received youth and adult learn-to-swim grants from the USA Swimming Foundation. This year, \$865,000 was provided to both USA Swimming and U.S. Masters programs nationwide.

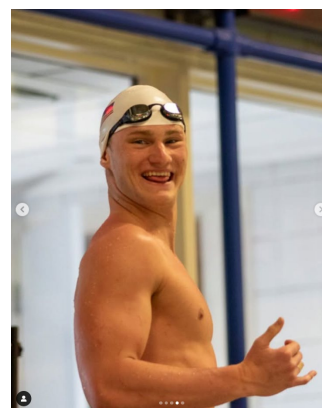
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Congratulations to the 30 clubs who received community impact grants from the USA Swimming Foundation. This year, \$150,000 was provided to support USA Swimming clubs that are creating new pathways into competitive swimming in their communities.

[READ MORE](#)

Camp Spotlights

Congratulations to all the athletes and coaches who attended a USA Swimming camp.



Preparing for Summer with the Marketing Toolkit

From competitions to summer leagues, the pool is a symbol of summertime. Use the resources in the [Marketing Toolkit](#) to spotlight your current members, market your program to future members, and more!

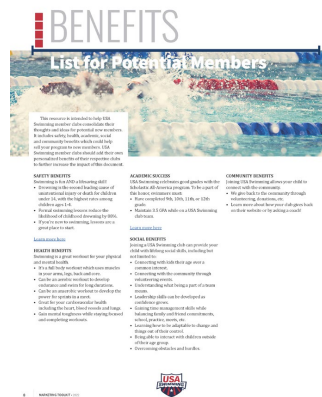
Here are a few examples of what clubs are currently doing with the free resources available in the Marketing Toolkit:

- Sell "[I am learning how to swim](#)" lawn signs to summer league and lesson programs as a fundraiser for summer competition travel.
- Distribute the "[USA Swimming Benefits List for Parents](#)" PDF to families who don't already participate

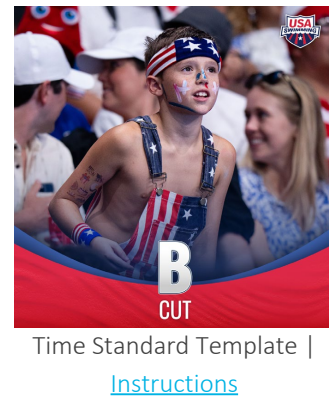
in your program. Pro tip: include a QR code to your website so families can gather more information on your team.

- Showcase current athletes on social media when they earn new time standards by utilizing the time cut social media templates. These are located on the Marketing Toolkit page > Meets/Events > Time cut social media templates and are available in both a general and a first time achieving format.

Be sure to explore all of the items in the Marketing Toolkit and tag @usaswimmingnextgen on social media to show us how you're using these items and for a chance to be featured on our channels.



Benefits List for Parents |
Available in PDF or Word
Document



Call for USA Swimming Board of Directors Nominations

In September 2025, USA Swimming will elect four Board members to its Board of Directors. The USA Swimming House of Delegates will elect at least two Coach members and one At-Large member, and the USA Swimming 10-Year Athletes will elect one 10-Year Athlete member.

Candidates must submit a completed application no later than Thursday, May 15, 2025 at 11:59 pm MT.

Interested applicants can review the Call for Nominations and application [here](#).



Women Coaches in Governance Nominations Open

Nominations will close May 14 for the Women Coaches in Governance fellowship program. The self-nomination form is available [here](#). The LSC nomination form is available [here](#). Self-nominations will be accepted. However, priority will be given to LSC nominated individuals first.

[READ MORE](#)

Virtual Opportunities

- 11-4 Coaching Network Webinar | Swim Big, Dream Bigger: Setting Goals that Make Waves
 - **May 28** | 1-2 p.m. ET | [Register](#)
 - Guest Speaker: Coach Maryanne Svoboda, head age group coach at Cy-Fair Swim Club.
- Safe Sport
 - For Parents:
 - **June 11** | 8 p.m. ET | [Register](#)
 - For Athletes:
 - **June 12** | 8 p.m. ET | [Register](#)
- 10&U Coaching Network Webinar | Leadership "Entry Points" for 10&U's
 - Both dates will follow the same topic:
 - **June 18** | 2:30-3:30 p.m. ET | [Register](#)
 - **June 19** | 12:30-1:30 p.m. ET | [Register](#)
 - Guest Speakers: Ellen Caruso and Chris Sheppard from Commonwealth Swimming
- [Connection Based Coaching](#)
 - Free on USA Swimming University for member coaches, this course focuses on storytelling from Team USA athletes.

Visit the University channel on the [USA Swimming Network](#) or [USA Swimming University](#) to find recorded webinars and additional digital resources.

New Network Content

Check out the [USA Swimming Network](#) for exciting content including the three world records set at the TYR Pro Swim Series Fort Lauderdale.

The meet action includes:

- Three world records
- Four American records
- Five U.S. Open records
- Seven TYR Pro Swim Series records



**Gretchen Walsh's
100m Butterfly
(Prelims)**



**Katie Ledecky's 800m
Freestyle (Finals)**



**Gretchen Walsh's
100m Butterfly (Finals)**

Upcoming Events

- [Speedo Sectionals](#)
 - Various locations and dates
 -

LCM & SCY

- [Social graphics](#) (under Meets/Events)
- Toyota National Championships
 - June 3-7 | Indianapolis, Ind.
 - LCM
 - [Tickets](#)

View all events [here](#).

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USA Swimming Fan Shop

The Official USA Swimming Shop has everything you need to show your USA Swimming pride in style. Browse an unbeatable selection of officially licensed USA Swimming apparel and merchandise, such as hats, shirts, accessories, and more to add to your wardrobe. Click [here](#) to access.



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